RESOURCES FOR CHANGE

Our society is today cultivating single vision, and the desensitization and the dehumanization that we feel all around us is a kind of sleep or death of awareness and conscience. We must revive in people a habit of double vision that can identify myths and values underlying society and can evaluate them from a perspective that transcends the limitations of that society.

– William Fore

For information about Jean Kilbourne’s films and videos, please contact the Media Education Foundation (www.mediaed.org or 800-897-0089). To schedule a lecture, please contact Jean Kilbourne (jean@jeankilbourne.com). To schedule a lecture in the college market only, please contact Kevin MacRae at MacRae Speakers International (kmacrae@macraespeakers.com)

The following list is by no means comprehensive. Many of the organizations listed have their own resource lists and other materials.

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ADOLESCENTS, CHILDREN, AND PARENTS

The future belongs to those who give the next generation reason for hope.

– Pierre Teilhard de Chardin

American Academy of Pediatrics: Committee on Communications
http://www.aap.org

APA Task Force on the Sexualization of Girls Report

Ask the Mediatrician (Dr. Michael Rich, Director of the Center on Media and Child Health)
http://cmch.typepad.com/mediatrician


Brave Girls Alliance
http://www.bravegirlswant.com


Campaign for a Commercial-Free Childhood (CCFC)
http://www.commercialfreechildhood.org

Campaign for Tobacco-Free Kids
http://www.tobaccofreekids.org

Centre for Child Honouring
http://www.childhonouring.org

Center on Alcohol Marketing to Youth
http://www.camy.org

Center on Media and Child Health
http://www.cmch.tv

Children Online
http://www.childrenonline.org

Cinderella Ate My Daughter.

Common Sense Media
http://www.commonsensemedia.org
Consuming Kids: The Commercialization of Childhood (A film from the Media Education Foundation.)
http://www.mediaed.org/cgi-bin/commerce.cgi?preadd=action&key=13

Dads and Daughters.

Daughters: For Parents of Girls (A bimonthly newsletter and online forum.)
http://www.daughters.com

Daughters of the Moon, Sisters of the Sun: Young Women and Mentors on the Transition to Womanhood.

Elements for Girls: A Fun & Engaging Self-Discovery Project.

Facing the Screen Dilemma: Young Children, Technology, and Early Education.
http://www.commercialfreechildhood.org/screendilemma

GirlsHealth
http://www.girlshealth.gov

Girls, Inc.
http://www.girlsinc.org

Go! Go! Sports Girls (A series of books and a doll.)
http://www.gogosportsgirls.com

Guardian Princess Alliance
http://www.guardianprincesses.com

Hardy Girls Healthy Women
http://hghw.org


If the Buddha Had Kids: Raising Children to Create a More Peaceful World.
In this Together Media
   http://inthistogthermedia.com

Kids in the House (a website featuring parenting experts, including Jean Kilbourne).
   http://www.kidsinthehouse.com

_Little Girls Can Be Mean: Four Steps to Bully-Proof Girls in the Early Grades._

_The Modern Dad's Handbook._
   http://www.johnbadalament.presskit247.com/content/content-article.asp?ArticleID=2254

MomsRising
   http://www.momsrising.org

New Moon Girls: An online community and magazine for girls and their dreams.
   (For and mostly by girls ages 8 to 12.)
   http://www.newmoon.com

_Packaging Boyhood: Saving Our Sons from Superheroes, Slackers, and Other Media Stereotypes._
   http://packagingboyhood.com

Parent Corps
   http://www.parentcorps.org/

Parents Against Junk Food
   http://www.parentsagainstjunkfood.org

Parents for Ethical Marketing
   http://parentsforethicalmarketing.org

Redefining Girly: How Parents Can Fight the Stereotyping and Sexualizing of Girlhood.

_Reviving Ophelia: Saving the Selves of Adolescent Girls._

Rudd ‘Roots Parents
   (Rudd Center research used to support grassroots efforts of parent advocates.)
   http://www.ruddrootsparents.org
A Seat at the Table
(Six students at Miss Hall’s School interview successful women leaders from a range of disciplines. Jean Kilbourne is one of them.)
http://www.misshalls.org/tobecomealeader

Scarleteen (Sex Education for the Real World)
http://www.scarleteen.com

Shaping Youth (Mission is to shift negative influences of pop culture to a healthier worldview for kids.)
http://www.shapingyouth.org

So Sexy So Soon: The New Sexualized Childhood and What Parents Can Do to Protect Their Kids.

SPARK (Sexualization Protest: Action, Resistance, Knowledge). A coalition of local and national partner organizations committed to working together to challenge the sexualization of girls.
http://www.sparksummit.com

Super Duper Princess Heroes
http://www.superduperprincessheroes.com

SUREFIRE (A conference event for high school girls.)
http://www.surefiregirls.com

Teach Your Children Well

The Big Disconnect: Protecting Childhood and Family Relationships in the Digital Age.

Teen Health and The Media
http://depts.washington.edu/thmedia

Teen Talking Circles
http://www.teentalkingcircles.org

Teen Voices
http://womensenews.org/story/teen-voices/130423/teen-voices-at-womensenews

Tips for Parenting in a Commercial Culture.
Available for free from the Center for a New American Dream:
http://www.newdream.org
Toward the Stars (A global marketplace for empowering gifts for girls.)
http://www.towardthestars.com

True Child
http://www.truechild.org

ADVERTISING AND CORPORATE POWER

What the whole community comes to believe in grasps the individual as in a vise.

– William James

Write to the advertisers c/o the magazines or the manufacturers. Remember to support positive images and enlightened members of the advertising industry – they need your help and encouragement. Call local television stations or write to the networks.

The Ad and the Ego (A film by Harold Boihem)
http://www.theadandtheego.com


Advertising Age
http://www.adage.com

http://www.mediaed.org/cgi-bin/commerce.cgi?preadd=action&key=101

Advertising Self-Regulatory Council
http://www.narcpartners.org

Adweek
http://www.adweek.com

Can’t Buy My Love: How Advertising Changes the Way We Think and Feel.
http://www.jeankilbourne.com/cant-buy-my-love/


Commercial Alert
http://www.commercialalert.org

Conscious Capitalism
http://www.consciouscapitalism.org

Corporate Accountability International. (Protecting people around the world from irresponsible and dangerous corporate actions.)
http://www.stopcorporateabuse.org
**Deadly Persuasion: The Advertising of Alcohol & Tobacco.**
(A film based on Jean Kilbourne’s lecture.)
http://www.mediaed.org/cgi-bin/commerce.cgi?preadd=action&key=202

Good Guide (Rates products on their ecological and health impacts.)
http://www.goodguide.com

**On Earth As It Is In Advertising: Moving from Commercial Hype to Gospel Hope.**

Shaping Youth (Mission is to shift negative influences of pop culture to a healthier worldview for kids.)
http://www.shapingyouth.org/index.php

**The Shock Doctrine: The Rise of Disaster Capitalism.**

**Ways of Seeing.**

**When Corporations Rule the World (Second Edition).**

**Subliminal Advertising**

**The Ad and the Id: Sex, Death and Subliminal Advertising.**
(A video by Bernard McGrane.)
http://www.parallaxpictures.org/005.02.html

**Subliminal Seduction.**

**Website Ad Archives**
About Face
http://www.about-face.org

AdFlip
http://www.adflip.com

Ad Forum
http://www.adforum.com

Adland (Advertising information as well as access to commercials and an archive.)
http://adland.tv/index.php
AdRants
http://www.adrants.com

Center on Alcohol Marketing to Youth
http://www.camy.org

Coloribus: Creative Advertising Archive
http://www.coloribus.com/

Gender Ads
http://www.genderads.com

Media Literacy Clearinghouse
http://www.frankwbaker.com

Now Foundation – Love Your Body
http://www.loveyourbody.nowfoundation.org/offensiveads.html

Retronaut
http://www.retronaut.co

Sociological Images
http://contexts.org/socimages

Tobacco Ads: Campaign for Tobacco-Free Kids
http://www.tobaccofreekids.org/index.php

Trend Hunter
http://www.trendhunter.com
BEAUTY AND BODY IMAGE
Only when you make things unnatural, do you have any chance of changing or intervening into the social process of advertisements. We must make what is invisible, visible, so we have a choice to make about how we want to participate in the world we inhabit.
– Erving Goffman

AnyBody (Giving women a voice to challenge images of women.)
http://www.any-body.org

Body Positive
http://www.bodypositive.com

Campaign for Body Confidence (UK)
http://campaignforbodyconfidence.wordpress.com

Campaign for Real Beauty (Dove’s campaign, including a short video illustrating how the “ideal” image is created.)

Endangered Bodies
http://www.endangeredbodies.org

Healthy Body Image: Teaching Kids to Eat and Love Their Bodies Too!
(A comprehensive holistic guide and curriculum for upper elementary age children.)
http://www.bodyimagehealth.org

Killing Us Softly 4: Advertising’s Image of Women
(A film based on Jean Kilbourne’s lecture.)
http://www.mediaed.org/cgi-bin/commerce.cgi?preadd=action&key=241

The Male Body: A New Look at Men in Public and in Private.

Miss Representation (film)
http://film.missrepresentation.org

Middle Women
http://www.middlewomen.com

Media Awareness Network
http://www.mediaawareness.ca

National Association to Advance Fat Acceptance
http://www.naafaonline.com/dev2
National Organization for Women (Love Your Body Campaign)
   http://loveyourbody.nowfoundation.org

Real Women Project
   http://www.realwomenproject.org

*Slim Hopes: Advertising & the Obsession with Thinness*
   (A film based on Jean Kilbourne’s lecture.)
   http://www.mediaed.org/cgi-bin/commerce.cgi?preadd=action&key=305

Stop the Beauty Madness
   http://www.stopthebeautymadness.com

Thick Dumpling Skin (A community for Asian Americans to discuss body image.)
   http://www.thickdumplingskin.com

True Body Project (A journal and film created by teenage girls.)
   http://truebodyproject.org

*Unwanted Hair and Hirsutism: A Book for Women.*

**Photoshopping and Retouching Sites & Information**

Dove Campaign for Real Beauty

Frank W. Baker
   http://www.frankwbaker.com/isbmag.htm
EATING-RELATED ISSUES

*It is in great part the anxiety of being a woman that devastates the feminine body.*

– Simone de Beauvoir

A Beautiful Body Project
http://www.abeautifulbodyproject.com

A Chance to Heal (An information and advocacy organization.)
http://achancetoheal.org

Academy for Eating Disorders (AED)
http://www.aedweb.org

Action for Healthy Kids
http://www.actionforhealthykids.org

Alliance for a Healthier Generation
http://www.healthiergeneration.org

Academy of Nutrition and Dietetics
http://www.eatright.org

*Almost Anorexic: Is My (Or My Loved One's) Relationship with Food a Problem?*

America Walks
http://www.americawalks.org

ANAD (National Association of Anorexia Nervosa and Associated Disorders)
http://www.anad.org

*Appetite for Profit: How the Food Industry Undermines Our Health and How to Fight Back.*

Bodypositive.com (Boosting self-image at any weight)
http://www.bodypositive.com

*Does This Pregnancy Make Me Look Fat? The Essential Guide to Loving Your Body Before and After Baby.*
Eating Disorder Referral and Information Center
   http://www.edreferral.com

Eating Disorders and Obesity Prevention (American Psychological Association)
   http://www.apa.org/topics/eating/index.aspx

Eating Disorders Blogs
   http://www.eatingdisorderblogs.com

Eating Disorders Coalition for Research, Policy & Action
   http://www.eatingdisorderscoalition.org

Eating Disorders Information Network
   http://www.myedin.org

Eat Well Guide (A free online directory of thousands of family farms, restaurants and other outlets for fresh, locally grown food.)
   http://www.eatwellguide.org

*Feeding Frenzy: The Food Industry, Marketing & the Creation of a Health Crisis*
   http://www.mediaed.org/cgi-bin/commerce.cgi?preadd=action&key=308

*The Hidden Faces of Eating Disorders and Body Image.*

IAEDP (International Association of Eating Disorders Professionals)
   http://www.iaedp.com

The Klarman Eating Disorders Center at McLean Hospital
   http://www.mclean.harvard.edu/patient/child/edc.php

Let’s Move (Michelle Obama’s campaign.)
   http://www.letsmove.gov

Men Get Eating Disorders Too
   http://www.mengetedstoo.co.uk

MentorConnect
   http://www.key-to-life.com/mentorconnect

National Association of Anorexia Nervosa and Associated Disorders
   http://www.anad.org
National Eating Disorder Information Centre (Canada)
http://www.nedic.ca

NEDA (National Eating Disorders Association)
A comprehensive list of resources is available on the website:
http://www.nationaleatingdisorders.org

Not All Black Girls Know How to Eat.

Obesity Action Coalition
http://www.obesityaction.org

Obesity Society
http://www.obesity.org

Parents Against Junk Food
http://www.parentsagainstjunkfood.org

Partnership for a Healthier America
http://www.ahealthieramerica.org

Rudd Center for Food Policy & Obesity
http://www.yaleruddcenter.org

Salud! America (National organization focused on reducing obesity among
Latino children.)
http://www.salud-america.org

Slim Hopes: Advertising & the Obsession with Thinness.
(A film version of Jean Kilbourne’s lecture.)
http://www.mediaed.org/cgi-bin/commerce.cgi?preadd=action&key=305

Something Fishy (Popular recovery website.)
http://www.something-fishy.org
GENDER, RACE, & IMAGES IN THE MEDIA
The values that have been labeled “feminine” – love, compassion, cooperation, patience – are very badly needed in giving birth to and nurturing a new era of greater peace and justice in human society. It would be unfortunate if they were forsaken by women because they seem dysfunctional to competition in a “masculine” world. Now, more than ever, these are the values that need to be asserted by men and women in creating a new world order.

– Patricia Mische

About Face
http://www.about-face.org

Backlash.

Bitchfest: Ten Years of Cultural Criticism from the Pages of Bitch Magazine.

Center for the Study of Men and Masculinities
http://www.stonybrook.edu/CSMM

Commercializing Women: Images of Asian Women in the Media.

Beauty Redefined
http://beautyredefined.net

Can’t Buy My Love: How Advertising Changes the Way We Think and Feel.
http://www.jeankilbourne.com/cant-buy-my-love/

The Colonizer and the Colonized.

Commercial Closet. (Focused on representations of gays and lesbians in advertising.)
http://www.commercialcloset.org

Dreamworlds 3: Desire, Sex and Power in Music Video (A film by Sut Jhally.)
http://www.mediaed.org/cgi-bin/commerce.cgi?preadd=action&key=229
Domestic Violence Outreach Program
http://aboutus.verizonwireless.com/commitment/community_programs/hopeline

*Enlightened Sexism: The Seductive Message that Feminism's Work is Done.*

*Families Like Mine: Children of Gay Parents Tell It Like It Is.*
http://www.familieslikemine.com

FEM Inc. (A content discovery and recommendation platform designed to promote empowering female portrayals in popular entertainment.)
http://www.fem-inc.com

Feministing
http://www.feministing.com

*Full Frontal Feminism: A Young Woman's Guide to Why Feminism Matters.*

*Gender Advertisements.*

*Generation Like* (Frontline special on social media and teens)
http://www.pbs.org/wgbh/pages/frontline/generation-like/

*Generation M: Misogyny in Media & Culture and The Bro Code* (Films by Thomas Keith.)
http://www.mediaed.org

*Guyland: The Perilous World Where Boys Become Men.*

*Killing Us Softly 4: Advertising's Image of Women* (A film based on Jean Kilbourne's lecture.)
http://www.mediaed.org/cgi-bin/commerce.cgi?preadd=action&key=241

*Laboring Under an Illusion: Mass Media Childbirth vs. the Real Thing* (A film by Vicki Elson)
http://www.birth-media.com

The Line Campaign
http://www.whereisyourline.org

Media Watch
http://www.mediawatch.com

MediaWatch Canada
http://www.ohpe.ca/node/4578

Men Can Stop Rape
http://www.mencanstoprape.org

Mental Health Resources for College Students
http://www.onlinecolleges.net/for-students/mental-health-resources

National Center on Domestic and Sexual Violence
http://www.ncdsv.org

National Coalition Against Domestic Violence
http://www.ncadv.org

National Organization for Men Against Sexism
http://www.nomas.org

National Organization for Women
http://www.now.org

National Sexual Violence Resource Center
http://www.nsvrc.org

National Women’s Health Network
http://nwhn.org

*The New Soft War on Women: How the Myth of Female Ascendance Is Hurting Women, Men—and Our Economy.*

*Race/Gender/Media: Considering Diversity Across Audiences, Content, and Producers (Second Edition).*
(Includes a chapter by Jean Kilbourne.)

*Reality Bites Back: The Troubling Truth About Guilty Pleasure TV.*
SPARK (Sexualization Protest: Action, Resistance, Knowledge).
   A coalition of local and national partner organizations committed to working
   together to challenge the sexualization of girls.
   http://www.sparksummit.com

*Tough Guise: Media Images and the Crisis in Masculinity.* (A film by Jackson Katz.)
   http://www.mediaed.org/cgi-bin/commerce.cgi?preadd=action&key=211

Veteran Feminists of America
   http://www.vfa.us

*Voice Male: The Untold Story of the Pro-Feminist Men’s Movement.*
   Okun, Rob. A. Northampton, MA: Interlink Publishing Group, 2014

Wellesley Centers for Women
   https://www.wcwonline.org

White Ribbon Campaign
   http://www.whiteribbon.com

WIMN (Women in Media and News). (A media analysis, training and advocacy
   organization. Offers female sources to reporters, speakers on women in the
   media, and a listserv on media analysis and reform.)
   http://www.wimnonline.org
GOVERNMENT ACTION AND AGENCIES
It seems to me that the cultural and economic liberation of women is inseparable from the creation of a society in which all people no longer have their lives stolen from them, and in which the conditions of their production and reproduction will no longer be distorted or held back by the subordination of sex, race, or class.

– Sheila Rowbotham

Send e-mails to the President (comments@whitehouse.gov) and your Congressional representatives (www.senate.gov and www.house.gov). Get your representatives' voting records from the Center for National Independence in Politics (www.votesmart.org).

Campaign for Body Confidence (UK)  
http://campaignforbodyconfidence.wordpress.com/

Center for Disease Control and Prevention  
http://www.cdc.gov

Center for National Independence in Politics  
http://www.votesmart.org

Children’s Defense Fund  
http://www.childrensdefense.org

Common Cause  
http://www.commoncause.org

Emily’s List (A political network for electing women.)  
http://www.emilyslist.org

Federal Trade Commission  
http://www.ftc.gov

National Institute on Alcohol Abuse and Alcoholism (NIAAA)  
http://www.niaaa.nih.gov

National Institute on Drug Abuse (NIDA)  
http://www.nida.nih.gov

Substance Abuse and Mental Health Services Administration  
http://www.samhsa.gov
INDEPENDENT PUBLICATIONS

*The enemy of truth is not the lie, but the persistent, persuasive, and unrealistic myth.*

– John F. Kennedy

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*AdBusters Quarterly*
http://www.adbusters.org

*AlterNet*
http://www.alternet.org

*Campus Progress*
http://www.campusprogress.org

*ColorLines: Race Culture Action* (Magazine on race, culture, and organizing.)
http://www.colorlines.com

*Common Dreams* (News and Views for Progressives.)
http://www.commondreams.org

*Credo Action* (Website with strong columnists and links to Laura Flanders’ radio show.)
http://www.credoaction.com

*FAIR* (Fairness and Accuracy in Reporting.)
http://www.fair.org

*Institute for Public Accuracy*
http://www.accuracy.org

*Media and Gender Monitor*

*Media Ethics*
http://www.mediaethicsmagazine.com

*Media Matters for America*
http://www.mediamatters.org

*On the Issues*
http://www.ontheissuesmagazine.com

*Origin: The Conscious Culture Magazine*
http://www.originmagazine.com

*The Nation*
http://www.thenation.com
The Progressive
http://www.progressive.org

Project Censored
http://www.projectcensored.org

Racialious: The Intersection of Race and Pop Culture
http://www.racialicious.com

Refdesk.com (For facts of all kinds.)
http://www.refdesk.com

Voice Male Magazine
http://www.voicemalemagazine.org

Who Makes the News?
http://www.whomakesthenews.org

Yes! A Journal of Positive Futures
http://www.yesmagazine.org
The most valuable educational experience a woman can have is one which teaches her to identify and analyze – and resist – the conditions in which she lives, the morality she has been taught, the false images of herself received from high art as well as cheap pornography, classic poetry as well as TV commercials.

— Adrienne Rich

Alliance for Women in Media
http://www.awrt.org

Amplify
http://www.amplifyyourvoice.org

Bitch: Feminist Response to Pop Culture
http://www.bitchmagazine.org

Bust Magazine
http://www.bust.com

the f word (Monthly feminist publication from the UK.)
http://www.thefword.org.uk

Feministing
http://www.feministing.com

Guerilla Girls
http://www.guerillagirls.com

Herizons (Canadian magazine with international and feminist views.)
http://www.herizons.ca

In this Together Media
http://inthistogethermedia.com

JAWS (Journalism & Women Symposium – An organization for female journalists.)
http://www.jaws.org

Jezebel
http://www.jezebel.com

Media Report to Women
http://www.mediareporttowomen.com

Ms. Magazine
http://www.msmagazine.com
New Moon Girls: An online community and magazine for girls and their dreams
(For and mostly by girls ages 8 to 12.)
http://www.newmoon.com

Shameless
http://www.shamelessmag.com

SheSource (An online resource of expert women ready to enrich the public debate.)
http://www.shesource.org

Teen Voices
http://womensenews.org/story/teen-voices/130423/teen-voices-at-womens-enews

Women’s eNews
http://www.womensenews.org

Women’s International News Network (International feminist online magazine.)
http://www.feminist.com/win.html

Women’s Institute for Freedom of the Press
http://www.wifp.org
INDEPENDENT TV, RADIO, & FILM

The word liberal comes from the word free. We must cherish and honor the word free or it will cease to apply to us.

– Eleanor Roosevelt

American Documentary
   http://www.amdoc.org

California Newsreel
   http://www.newsreel.org

CounterSpin

Democracy Now!
   http://www.democracynow.org

Feminist International Radio Endeavor (FIRE)
   http://www.fire.or.cr/indexeng.htm

Free Speech Radio News
   http://www.fsrn.org

Free Speech TV
   http://www.freespeech.org

GRITtv with Laura Flanders
   http://lauraflanders.firedoglake.com

Listen Up!
   http://listenup.org/index.php

Making Contact/Women’s Desk
   http://www.radioproject.org/desks/women.html

Media Education Foundation
   http://www.mediaed.org

National Radio Project
   http://www.radioproject.org

New Day Films
   http://www.newday.com

On the Media
   http://www.onthemedia.org
Paper Tiger TV
   http://papertiger.org

People’s Production House
   http://www.peoplesproductionhouse.org

Prometheus Radio Project
   http://prometheusradio.org

Reel Grrls
   http://www.reelgrrls.org

WINGS (Women’s International News Gathering Service)
   http://www.wings.org

Women Make Movies
   http://www.wmm.com
MEDIA ADVOCACY

In a democratic society we ought to have the widest possible discussion about the hazards that affect people. Advertising is a powerful deterrent to that free and unimpeded discussion.

– Dan Beauchamp

Allied Media Conference
http://www.alliedmediaconference.org

Benton Foundation
http://www.benton.org

Berkeley Media Studies Group
http://www.bmsg.org

BeyondMediaEducation
http://www.beyondmedia.org

Campaign for a Commercial-Free Childhood
http://www.commercialfreechildhood.org

Center for Digital Democracy
http://www.democraticmedia.org

Center for Media and Democracy
http://www.prwatch.org

Center for Media Justice
http://www.centerformediajustice.org

FAAN Mail (Fostering Activism and Alternatives Now)
http://faanmail.wordpress.com

Fair Use Network
http://www.fairusenetwork.com

Institute for Sustainable Communities
http://www.iscvt.org/what_we_do/advocacy_and_leadership_center


Media Strategies for Women’s Rights Advocates and Reclaiming the Media for a Progressive Feminist Future. Pozner, Jennifer.
(Available from http://www.wimnonline.org.)
Planet Feedback (A site to get addresses for letter-writing activists.)
http://www.planetfeedback.com

WIMN Women in Media and News. (A media analysis, training and advocacy organization. Offers female sources to reporters, speakers on women in the media, and a listserv on media analysis and reform.)
http://www.wimnonline.org
MEDIA CONCENTRATION AND OWNERSHIP

For the first time in human history, most of the stories about people, life, and values are told not by parents, churches or others in the community who have something to tell, but by a group of distant conglomerates that have something to sell.

– George Gerbner

Benton Foundation
http://www.benton.org

Center for Creative Voices in Media (Preserving original, independent, and diverse voices in America’s media.)
http://www.creativevoices.us

Center for Digital Democracy
http://www.democraticmedia.org

Center for Investigative Reporting
http://cironline.org

Center for Media and Democracy
http://www.prwatch.org

Center for Media Justice
http://centerformediajustice.org

Center for Public Integrity (Investigative journalism in the public interest. Tracks who owns the media in a given region.)
http://www.publicintegrity.org


Fairness and Integrity in Telecommunications Media Coalition (FIT Media)
http://fitmedia.org

Free Press (Works to involve the public in media policymaking and to craft policies for more democratic media.)
http://www.freepress.net

Free Press Action Network
https://www.freepress.net/action

MAG-NET Media Action Grassroots Network
http://www.mag-net.org
Media Action Center
    http://www.mediaactioncenter.org

Media Alliance
    http://www.media-alliance.org

Media Channel (A global network for democratic media.)
    http://www.mediachannel.org

Media Justice League

Media Owners (Who owns the American media)
    http://www.mediaowners.com

Reclaim the Media
    http://www.reclaimthemedia.org

Who Makes the News
    http://www.whomakesthenews.com

Who Owns What? (Columbia Journalism Review’s interactive listing of media parent companies and their holdings.)
MEDIA LITERACY
*The most potent weapon in the hand of the oppressor is the mind of the oppressed.*

– Steve Biko

ACME (Action Coalition for Media Education)
http://www.acmecoalition.org

Ask the Mediatrician (Dr. Michael Rich, Director of the Center on Media and Child Health)
http://cmch.typepad.com/mediatrician

Association for Media Literacy (Canada)
http://www.aml.ca

BeyondMedia
http://www.beyondmedia.org

*Beyond the Echo Chamber: How a Networked Progressive Media Can Reshape American Politics.*

Buying and Selling of Cool
http://www.buyingandsellingofcool.com

Campaign for a Commercial-Free Childhood
http://www.commercialexploitation.org

Center for Media Literacy (Current resources as well as an extensive archive.)
http://www.medialit.org

Children’s Media Coalition
http://www.kidsfirst.org

Citizens for Media Literacy
http://www.main.nc.us/cml

Commercial Alert
http://www.commercialalert.org

Common Sense Media
http://www.commonsensemedia.org
Consortium for Media Literacy (Addresses the role of global media through the advocacy, research and design of media literacy education for youth, educators and parents. The Consortium is building a body of research, interventions and communication that demonstrate scientifically that media literacy is an effective intervention strategy in addressing critical issues for youth.)
http://www.consortiumformedialiteracy.org

Electronic Frontier Foundation
http://www.eff.org

Fair Use Network
http://fairusenetwork.com

Fairness and Accuracy in Reporting (FAIR)
http://www.fair.org

Fast Media, Media Fast.
Cooper, Thomas. Bloomington, IN: AuthorHouse, 2011.

Future of Music Coalition
http://futureofmusic.org

Free Press
http://www.freepress.net
Also see: http://www.StopBigMedia.com

Gender & Pop Culture.

Girls, Women + Media Project
http://www.mediaandwomen.org

GLAAD—Gay & Lesbian Alliance Against Defamation
http://www.glaad.org

Global Action Project: Youth Make Media
http://www.global-action.org

GoLeft.org
http://www.goleft.org

Guerrilla Girls
http://www.guerrillagirls.com
*Hey Kidz: Buy this Book!*

Moore, Anne Elizabeth. A primer on using media education to get young people interested in activism. Download for free at http://www.anneelizabethmoore.com

Just Think (Igniting Young Minds Through Media Education)

http://www.justthink.org

The LAMP

http://www.thelampnyc.org

Media Alliance

http://www.media-alliance.org

Media Education Foundation (Films and videos on the media and social issues, as well as fact sheets, posters and handouts on deconstructing ads.)

http://www.mediaed.org

Media Education Lab (Curriculum materials, workshops and seminars, teaching resources.)

http://www.mediaeducationlab.com

Media Literacy Clearinghouse (An extensive source of resources for educators, including articles, ads, curricula, and more.)

http://www.frankwbaker.com

Media Literacy for Prevention, Critical Thinking, Self-Esteem

http://www.medialiteracy.net

*Media Literacy in the K-12 Classroom.*


Media Literacy Project

http://www.nmmlp.org

*Media Literacy Series for Students in Grades 3 to 5.*

Capstone Press, 2007. (Six books by leading media literacy scholars.)

http://www.frankwbaker.com/capstone_media_literacy.htm

Media Matters for America

http://www.mediamatters.org

Media-Smart Youth (An interactive education program focusing on media, nutrition, and physical activity for young people ages 11 to 13.)

http://www.nichd.nih.gov/msy
Media Smart (A media literacy program from the UK for 6 to 11-year-olds.)  
http://www.mediasmart.org.uk/

Media Smarts (Canada)  
http://www.media-awareness.ca

Mental Engineering (Comedians and professors dissect TV commercials on television.)  
http://www.mentalengineering.com

NAMLE (National Association for Media Literacy Education)  
http://namle.net

National Alliance for Media Arts & Culture  
http://www.namac.org

Project Look Sharp (Provides materials, training and support for teachers and evaluates media literacy programs. Free classroom-ready media literacy curriculum kits for social studies and other subjects).  
http://www.ithaca.edu/looksharp/

SeeMe Media Literacy (Australia)  
http://www.seeme.org.au

Shaping Youth (Mission is to shift negative influences of pop culture to a healthier world view for kids.)  
http://www.shapingyouth.org

The Teacher’s Guide to Media Literacy.  
PEACE AND SOCIAL JUSTICE

It is not hope that gets people engaged in struggle. It is being engaged in struggle that gives people hope.

– Cornel West and Roberto Unger, The Future of American Progressivism

Center for Gender and Justice
http://www.centerforgenderandjustice.org

Center for Partnership Studies
http://www.partnershiplay.org

Code Pink
http://www.codepink4peace.org

Global Issues Network (Empowers students to work internationally with their peers to develop solutions for global issues.)
http://www.global-issues-network.org

Imagining Ourselves: a Global Generation of Women (An anthology and online project featuring personal stories, paintings, photographs, essays and poems by hundreds of young women from more than 100 countries around the world.)
http://imaginingourselves.imow.org

MADRE (International Women’s Human Rights organization.)
http://www.madre.org

Peace X Peace (A global network connecting women’s circles.)
http://www.peacexpeace.org

United for Peace and Justice
http://www.unitedforpeace.org

Violence Policy Center (Provides policy analysis on gun violence.)
http://www.vpc.org

Weapons of Mass Deception (A film by Danny Schechter.)
http://www.mediachannel.org/wmd-weapons-of-mass-deception/

Women’s Action for New Directions
http://www.wand.org

PUBLIC HEALTH AND PREVENTION
It is easier to build strong children than to repair broken men.

– Frederick Douglass

Alcohol Justice ("Talk Back" service generates letters to alcohol advertisers.)
http://www.alcoholjustice.org

CADCA (Community Anti-Drug Coalitions of America.)
http://www.cadca.org

CDC (Centers for Disease Control and Prevention)
http://www.cdc.gov

Campaign for Tobacco-Free Kids
http://www.tobaccofreekids.org

Campus Calm (Where students speak out about stress and well-being.)
http://www.campuscalm.com

CAMY (Center on Alcohol Marketing to Youth)
http://www.camy.org

CASA (National Center on Addiction and Substance Abuse at Columbia University.)
http://www.casacolumbia.org

Center for the Study and Prevention of Violence
http://www.colorado.edu/cspv

DrugWatch.com (Up to date information on the side effects of prescription and over-the-counter medications, including safety advice for pregnancy)
http://www.drugwatch.com

Hard to Swallow: Spit Tobacco Marketing
http://www.nmmlp.org

The Health Reformer
http://www.healthreformer.org

Higher Education Center for Alcohol and other Drug Prevention
http://www.higheredcenter.org

INWAT (International Network of Women Against Tobacco.)
http://www.inwat.org

MADD (Mothers Against Drunk Driving)
http://www.madd.org
Mental Health Resources for College Students
http://www.onlinecolleges.net/for-students/mental-health-resources

National Association for Children of Alcoholics
http://www.nacoa.org

National Center for Tobacco-Free Kids
http://www.tobaccofreekids.org

NCADD (National Council on Alcoholism and Drug Dependence)
http://www.ncadd.org

Non-Smokers Rights Association
http://www.nsra-adnf.ca

PIRE (Pacific Institute for Research and Evaluation. Original research on public health problems and solutions.)
http://www.pire.org

Planned Parenthood
http://www.plannedparenthood.org

Prevention Institute (Primary prevention of gender-related violence.)
http://www.preventioninstitute.org

Prevention Research Institute (Prime for Life, training programs for parents, teachers, addiction professionals, and students.)
http://www.primeforlife.org

RID (Remove Intoxicated Drivers)
http://rid-usa.org

Smoke Free Movies Campaign
http://www.smokefreemovies.ucsf.edu

Smokescreeners (An educational program to take the glamour out of smoking in movies.)
http://www.fablevision.com/smokescreeners

Spin the Bottle: Sex, Lies & Alcohol. (A film about drinking on college campuses by Jackson Katz and Jean Kilbourne.)
http://www.mediaed.org/cgi-bin/commerce.cgi?preadd=action&key=210

Trinkets & Trash Services (An archive of tobacco products and tobacco industry marketing materials.)
http://www.trinketsandtrash.org
RECOVERY FROM ADDICTIONS
To end our pervasive obsession with drugs requires nothing less than the transformation of American society. We need to reorient our values and priorities so that we value and invest in our most precious resource: people.

– R. Richard Banks

National Organizations for Recovering from Addictions (with local chapters listed online):

Alcoholics Anonymous: http://www.alcoholics-anonymous.org
Al-Anon: http://www.Al-Anon-Alateen.org
Debtors Anonymous: http://www.debtorsanonymous.org
Gamblers Anonymous: http://www.gamblersanonymous.org
Sex and Love Addicts Anonymous: http://www.slaafws.org

Addiction Center
http://www.addictioncenter.com

AllTreatment (A rehab directory and substance abuse information source.)
http://www.alltreatment.com

A Woman’s Way Through the 12 Steps (book and workbook).
Covington, Stephanie. (Available along with many other resources from http://www.stephaniecovington.com.)

Drinking: A Love Story.

FAVOR (Faces and Voices of Recovery)
http://www.facesandvoicesofrecovery.org

HelpGuide
http://www.helpguide.org

The Invisible Alcoholics: Women and Alcohol Abuse in America.

The Ladykillers: Why Smoking is a Feminist Issue.

Powerfully Recovered!
http://www.powerfullyrecovered.com

She’s in Recovery (An online community for women in recovery)
http://www.shesinrecovery.com

Slaying the Dragon: The History of Addiction Treatment and Recovery in America.
Sober.Com (A website to help addicts and alcoholics find recovery programs and other resources.)
http://www.sober.com
VOLUNTARY SIMPLICITY AND RESPONSIBLE CONSUMPTION

For, in the final analysis, our most basic common link is that we all inhabit this small planet. We all breathe the same air. We all cherish our children’s future. And we are all mortal.

– John F. Kennedy

Alternatives for Simple Living
http://www.simpleliving.org

An Inconvenient Truth (A film and a book about global warming by Al Gore.)
http://www.climatecrisis.net

Center for a New American Dream
http://www.newdream.org

Center for Partnership Studies
http://partnershipway.org


New Road Map Foundation
http://www.financialintegrity.org

Responsible Purchasing Network (Dedicated to improving human health and the environment through best practices, superior products and networking.)
http://www.responsiblepurchasing.org

The Real Wealth of Nations: Creating a Caring Economics.

We must be the change we wish to see in the world.

– Mahatma Gandhi